



DRUG AND ALCOHOL PREVENTION PROGRAM - DAAPP

2024 BIENNIAL REPORT

Academic Years 2021 - 2022 & 2022 - 2023

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Equal Opportunity and Non-Discrimination

Tidewater Community College does not discriminate on the basis of race (or traits historically associated with race including hair texture, hair type, and protective hairstyles such as braids, locks, and twists), sex, color, national origin, religion, sexual orientation, gender identity or expression, age, veteran status, political affiliation, disability, genetic information, and pregnancy, childbirth, or related medical conditions in its programs or activities. Inquiries related to the college’s nondiscrimination policies may be directed to:

As relates to students:

Beth Callahan Coordinator of Educational Accessibility

Email: bcallahan@tcc.edu

Phone: 757-822-7751

Address: 1700 College Crescent

Office of Educational Accessibility
Virginia Beach, Virginia 23453

As relates to employees:

Beth Lunde, SPHR, SHRM-SCP Associate Vice President for Human Resources

Email: blunde@tcc.edu

Phone: 757-822-1711

Address: 121 College Place, Suite 607

Office of Human Resources

Norfolk, Virginia 23510

For more information, please review TCC's [Notice of Nondiscrimination](#) and TCC' Equal Opportunity and Nondiscrimination Policy – 1200.

About TCC

TCC is the second largest of 23 colleges within the Virginia Community College System (VCCS), which is governed by the State Board for Community Colleges. Founded in 1968 as a part of the Virginia Community College System, Tidewater Community College (TCC) serves South Hampton Roads with 4 campuses in Chesapeake, Norfolk, Portsmouth and Virginia Beach and 7 regional centers:

- Advanced Technology Center on the Virginia Beach Campus
- Regional Health Professions Center on the Virginia Beach Campus
- Center for Military and Veterans Education on the Virginia Beach Campus
- Regional Automotive Center in Chesapeake
- Center for Workforce Solutions in Suffolk and Virginia Beach
- Visual Arts & Design Center in Norfolk
- Skilled Trades Academy in Portsmouth

The college also boasts 2 important cultural institutions. In addition to the Visual Arts & Design Center in downtown Norfolk, the college also operates the Jeanne and George Roper Performing Arts Center in the heart of downtown Norfolk.

TCC is the largest provider of higher education and workforce services in Hampton Roads. Among publicly funded colleges, we have the 2nd largest undergraduate student body in the Commonwealth of Virginia.

It is the 14th largest public 2-year community college in the entire nation.

About 65% of TCC students attend part-time, and 35% are full-time students.

TCC is No. 1 in Military Times' "Best for Vets" 2021 ranking of 2-year schools in Virginia and 9th overall among two-year institutions in the nation. About one-third of TCC's enrollment is made up of military-related students.

Nearly half of TCC graduates receive associate degrees allowing them to transfer to 4-year institutions; of those, two-thirds continue their education at four-year schools. In the workplace, employers consistently express high levels of satisfaction with employees who are TCC graduates.

Our Mission

Tidewater Community College provides collegiate education and workforce training to individuals of all ages, helping them achieve their goals and contribute to the vitality of the regional and global community.

College Governance

Virginia Community College System (VCCS)

The Virginia Community College System is the agency responsible for the administration and supervision of the system of community colleges in the Commonwealth of Virginia under the authority of the State Board for Community Colleges.

The Chancellor is the chief executive officer of the Virginia Community College System and serves as the secretary of the State Board for Community Colleges. The chancellor is appointed by the State Board for Community Colleges.

The Chancellor is responsible for formulating such rules and regulations and providing such assistance in the office of the Chancellor as necessary to support the performance of the chancellor's duties. The state board prescribes these duties, in addition to those duties, in addition to those duties otherwise prescribed by law. At its discretion, the State Board also approves the appointment by the Chancellor of such agents and employees as may be needed by the Chancellor and the VCCS to implement all assigned functions, duties, and powers.

VCCS Website:

www.vccs.edu

Introduction

The Drug-Free Schools and Communities Act (DFSCA) amendments of 1989 require that as a condition of receiving funds, or any other form of financial assistance under any federal program, Tidewater Community College certifies that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. Tidewater Community College is unequivocally opposed to the misuse of lawful drugs, the possession and use of unlawful drugs, the abuse of alcohol. The policy and programs are designed to identify problems at the earliest stage, motivate the affected individuals to seek help, and to direct the individual toward the best assistance available. Tidewater Community College conducts a biennial review in all even years. Refer to TCC's Alcohol and Other Drugs Policy [1103](#).

In order to accomplish this mission, the illegal use of alcohol or drugs by any member of Tidewater Community College is prohibited.

In accordance with such regulations, Tidewater Community College has designed and implemented the Drug Abuse and Alcohol Prevention Program (DAAPP). The content of this plan, its policies and procedures, and important referral information is outlined in the following compilation.

At a minimum, an Institution of Higher Education (IHE) must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct.

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- Determine the effectiveness of the policy and implementing changes to the alcohol and other drugs programs if they are needed
- To ensure that the sanctions for violating standards of conduct are developed are enforced consistently

Biennial Review Process

A Biennial review by the institution of its program to:

- Determine its effectiveness and implement changes to the program if needed
- Ensure that disciplinary sanctions are consistently enforced

The biennial review process was conducted by the following members of the Drug and Alcohol Abuse Prevention Program (DAAPP) committee:

Official	Campus Address	Phone Number
Dr. Karen Campbell – VP for Student Affairs	121 College Place, Suite 622 Norfolk, VA 23510	757-822-1225
Michael C. Powell , MPA, MS - Director of Public Safety	121 College Place, Suite 407 Norfolk, VA 23510	757-822-1783
Dr. Kia Hardy – Associate Vice President for Student Success	121 College Place, Suite 622 Norfolk, VA 23510	757-822-1696
Dr. Emily Hartman – Dean of Student Life and Conduct/Chesapeake Campus Dean	(Pass Bldg.), 1428 Cedar Road Chesapeake, VA 23322	757-822-5202
Dr. Misty Lyon - Dean of Enrollment Management	(Bayside Bldg.), 1700 College Crescent Virginia Beach, VA 23453	757-822-7042
Naima Ford - Director of Public Relations & Marketing	121 College Place, Suite 618 Norfolk, VA 23510	757-822-1460
Dr. Jeanne Natali – Director of the Student Resource & Empowerment Center and Title IX Coordinator	(Virginia Beach Student Center), 1700 College Crescent Virginia Beach, VA 23453	757-822-7193
Beth Callahan – Coordinator of Educational Accessibility and Deputy Title IX Coordinator	(Princess Anne Bldg.), 1700 College Crescent Virginia Beach, VA 23453	757-822-7751
Trianne Smith - Coordinator of Student Conduct	(Building A) 120 Campus Drive, Portsmouth, VA 23701	757-822-2213

Following the guidance found in the Drug-Free Schools and Communities Act (DFSCA), Tidewater Community College (TCC) will conduct a biennial review of its DAAPP, specifically by the end of each even-numbered calendar year. The timeframe reviewed during the 2024 report period covers the program’s implementation for 2021-2022 and 2022-2023 academic years.

The process of conducting this Biennial Review began October 17, 2024 and was completed December 16, 2024.

The DAAPP Committee will meet to evaluate and discuss each component of the college's campus wide programs. The review is primarily conducted and managed by Student Affairs, at the direction of the VP for Student Affairs, by Human Resources, at the direction of the Associate VP of Human Resources, and by the College's DAAPP Committee. This committee and its members are appointed by the VP for Student Affairs and the Associate VP for Human Resources.

The final report is sent to the VP for Student Affairs and AVP for Human Resources to be reviewed for approval and then presented to the President of Tidewater Community College.

A copy of the biennial review report shall be communicated to the U.S. Department of Education or its representative upon request.

Materials Reviewed by DAAPP Committee	
Alcohol and Other Drugs Policy	TCC Clery Annual Security Reports (ASR)
TCC Student Handbook, including the TCC Code of Student Rights and Responsibilities	Relevant Federal and State Laws

Notification of the DAAPP

A. Employee Notification

Notification of the information contained in the DAAPP is distributed to all current employees of the college on an annual basis via an all-staff email before the end of October each year. New employees will receive notification during their orientation process. The DAAPP is also available for review online. It can be accessed online [here](#).

B. Student Notification

Notification of the information contained in the DAAPP is distributed to all currently enrolled students via email each semester they are enrolled at the college. The DAAPP is also available for review online [here](#).

Alcohol and Other Drugs Policy

Tidewater Community College students or employees shall not possess, sell, use, manufacture, give away, or otherwise distribute illegal substances including drugs or, where prohibited, while on campus, attending a college sponsored off-campus event, or while serving as a representative of the college at an off-campus meeting, event, or other function.

Students or employees who violate this policy shall have college sanctions processed against them in the normal manner of due process provided by college rules. Further, students or employees who violate this policy shall have committed a criminal offense, and the college shall notify the appropriate agency of the Commonwealth of Virginia or city government for investigation and, if warranted, prosecution. It is the responsibility of every member of the college community to know the risks associated with substance use and abuse. This responsibility obligates students and employees to be aware of relevant college policies and federal, state, and local laws, and to conduct themselves in accordance with these laws and policies.

To these ends, *TCC's Policy 1103 (Alcohol and Other Drugs)* publishes information regarding college policies and sanctions, laws and penalties concerning substance use and abuse, health and behavioral risks of drug abuse, and resources for substance abuse issues.

[Drug Free Schools and Communities Act](#)

Legal Requirements and Sanctions

College's policy on alcohol and other drug use respects all legal requirements including, but not limited to:

1. Federal and Virginia controlled substance laws, as well as other administrative regulations concerning alcohol and other drugs.
2. The Drug-Free Workplace Act of 1988 sets forth special requirements for employees on federal contracts and grants. It requires the College to provide notice of a conviction for a violation of any criminal drug statute occurring in the workplace by an employee engaged in the performance of work under federal contract or grant; and to report to the funding agency within ten calendar days after notice from an employee of a conviction for a violation of any drug statute occurring in the workplace.
3. Virginia Drug Free Workplace Law. Employees or contractors of any state agency are prohibited from the unlawful manufacture, distribution, dispensation, possession or use of a controlled substance as defined in the Controlled Substances Act. The employer or contractor must publish a statement regarding the prohibition and any sanctions that will be imposed and establish a drug-free awareness program.

Virginia Law

Virginia law prohibits the purchase or possession of alcohol by a person under the age of 21, or the furnishing of alcohol to such a person. Driving under the influence of alcohol or other drugs also is illegal. It is against Virginia law, under certain circumstances, to walk or be upon a roadway while under the influence of alcohol or other drugs. The punishment for these offenses may include imprisonment, payment of a fine, mandatory treatment and education programs, community service, and mandatory loss of one's driver's license.

Virginia Penalties and Sanctions are listed in Appendix D.

Federal Penalties and Sanctions are listed on pages 14 and 15 below.

Violations and Sanctions

This policy is not designed to punish people for seeking rehabilitation. All information about those individuals who voluntarily avail themselves of drug or alcohol counseling or rehabilitation services will remain confidential. Seeking counseling or rehabilitation will not be used as a basis for disciplinary action or be used against an individual in any way.

College employees and students who violate this policy shall be informed about and referred to services to assist them in determining whether they are abusing drugs and alcohol or are chemically dependent. If a problem is found to exist, the individual will be referred to resources to assist them in overcoming the drug or alcohol abuse pattern. This referral or assessment shall not limit the College's ability to pursue appropriate disciplinary action, up to and including termination or expulsion, when an employee or student has violated this policy or any other College policy.

College Sanctions

Any faculty, staff, administrator or other employee who violates the policy on alcohol and other drugs shall be subject to corrective or disciplinary action up to and including the possibility of dismissal, in accordance with, and only as permitted by College policies and state and federal law.

Any student who violates the policy on alcohol and other drugs shall be subject to educational outcomes, such as participation in a substance abuse program or other counseling, or disciplinary action up to and including the possibility of dismissal from the institution.

Violation of College policies and rules will be subject to campus disciplinary review and action, as follows:

Students

Disciplinary action will be taken by the College and may include outcomes ranging from an official warning to permanent dismissal, in addition to referral to a substance abuse educational/ intervention program.

Students who violate AOD laws or campus regulations while on the College owned or leased property or at off-campus, College-sponsored events are subject to a variety of outcomes which may include, but are not limited to, one or more of the following: written warnings; required participation in AOD educational programs; community service; parental notification; loss of College privileges; referral for substance abuse evaluation or treatment; disciplinary probation; suspension, and/or expulsion, and prosecution by the appropriate federal, state and city authorities.

STUDENT CONDUCT

The student conduct process is an educational opportunity that respects students' due process rights while addressing behavior deemed unacceptable within the TCC community. Students engaged in a conduct proceeding will participate in a process grounded in education, accountability, and responsibility aimed at guiding students to be their most successful selves at TCC and beyond. If a student is found to be responsible for violating a TCC Code expectation outlined in the TCC Code of Student Rights and Responsibilities, disciplinary action may be taken and can range from an Official Warning, Disciplinary Probation, Suspension, or Dismissal. Additionally, educational outcomes may be assigned such as a reflection paper, restitution, education modules, etc., to provide an additional reflective opportunity.

The TCC Code of Student Rights and Responsibilities can be found at the link below:

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.tcc.edu/wp-content/uploads/2024/08/TCC-Code-updated-summer-2024-003.pdf>

TCC Student Disciplinary Procedures in the student Handbook can be found at the link below:

<https://www.tcc.edu/about-tcc/statements-policies/student-disciplinary-procedures/>

Controlled Substances Act (CSA)

The CSA places all substances that are regulated under existing federal law into one of five schedules. The place is based on the substance's medical use, potential for abuse, and safety or dependence ability. Below is a description of the five schedules and examples of drugs in each schedule. The list is not comprehensive.

Schedule	Characteristics	Examples
Schedule I	<ul style="list-style-type: none"> High potential for abuse No currently accepted medical use in US Lack of accepted safety for use under medical supervision 	<ul style="list-style-type: none"> Heroin Gamma Hydroxybutyric Acid (GHB) LSD Marijuana MDMA (Ecstasy) Mescaline (peyote) Psilocybin/Psilocyn (mushrooms) Tetrahydrocannabinols (THC)
Schedule II	<ul style="list-style-type: none"> High potential for abuse Currently accepted for medical use or with severe restrictions in US Abuse may lead to severe psychological or physical dependence 	<ul style="list-style-type: none"> Adderall® Amphetamine Cocaine Fentanyl Hydrocodone Methadone Methamphetamine Morphine Oxycodone Phencyclidine (PCP) Ritalin®
Schedule III	<ul style="list-style-type: none"> Less potential for abuse than drugs in Schedules I and II Currently accepted for medical use in US Abuse may lead to moderate or low physical dependence or high 	<ul style="list-style-type: none"> Anabolic Steroids Codeine compounds Some barbiturates Ketamine
Schedule IV	<ul style="list-style-type: none"> Low potential for abuse compared to drugs in Schedule III Currently accepted medical use in US Abuse may lead to limited physical dependence or psychological dependence 	<ul style="list-style-type: none"> Ativan® Rohypnol®(not manufactured or legally marketed in the US) Valium® Xanax®
Schedule V	<ul style="list-style-type: none"> Low potential for abuse compared to drugs in Schedule IV Currently accepted medical use in US Abuse may lead to limited physical dependence or psychological dependence 	<ul style="list-style-type: none"> Cough medicines with codeine

Source: U.S. Department of Justice. (2017). Drugs of Abuse. Washington, DC: U.S. Government Printing Office. Retrieved from <http://www.justice.gov/>.

Federal Tracking Penalties — Marijuana

Drug	Quantity	1st Offense	2nd Offense*
Marijuana (Schedule I)	1,000 kg or more mixture; or 1,000 or more plants	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$10 million if an individual, \$50 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 20 years, not more than life • If death or serious injury, mandatory life • Fine not more than \$20 million if an individual, \$75 million if other than an individual
Marijuana (Schedule I)	100 kg to 999 kg mixture; or 100 to 999 plants	<ul style="list-style-type: none"> • Not less than 5 years, not more than 40 years • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$5 million if an individual, \$25 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, mandatory life • Fine not more than \$8 million if an individual, \$50 million if other than an individual
Marijuana (Schedule I)	More than 10 kgs hashish; 50 to 99 kg mixture More than 1 kg of hashish oil; 50 to 99 plants	<ul style="list-style-type: none"> • Not more than 20 years • If death or serious injury, not less than 20 years, not more than life • Fine \$1 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> • More than 10 kgs hashish; 50 to 99 kg mixture More than 1 kg of hashish oil; 50 to 99 plants
Marijuana (Schedule I)	1 to 49 plants; less than 50 kg	<ul style="list-style-type: none"> • Not more than 5 years • Fine not more than \$250,000, \$1 million other than individual 	<ul style="list-style-type: none"> • Not more than 10 years • Fine \$500,000 if an individual, \$2 million if other than individual
Hashish (Schedule I)	10 kg or less	<ul style="list-style-type: none"> • Not more than 20 years • If death or serious injury, not less than 20 year, not more than life • Fine \$1 million if an individual 	<ul style="list-style-type: none"> • Not more than 30 years • If death or serious injury, mandatory life • Fine \$2 million for individual
Hashish Oil (Schedule I)	1 kg or less	<ul style="list-style-type: none"> • Not more than 5 years 	<ul style="list-style-type: none"> • Not more than 10 years • fine not more than \$500,000 if an individual

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$8 million if an individual and \$20 million if other than an individual.

Source: U.S. Department of Justice. (2019). *Drugs of Abuse*. Washington, DC: U.S. Government Printing Office. Retrieved from <http://www.justice.gov/>.

Federal Tracking Penalties - Other Drugs

Drug Schedule	Quantity	Penalties	Quantity	Penalties
Cocaine (Schedule II)	500-4,999 grams mixture	<ul style="list-style-type: none"> • First Offense: Not less than 5 yrs, and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. • Second Offense: Not less than 10 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual 	5 kgs or more mixture	<ul style="list-style-type: none"> • First Offense: Not less than 10 yrs, and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual. • Second Offense: Not less than 20 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. • 2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
Cocaine Base (Schedule II)	28-279 grams mixture		280 grams or more mixture	
Fentanyl (Schedule II)	40-399 grams mixture		400 gms or more mixture	
Fentanyl Analogue (Schedule I)	10-99 grams mixture		100 gms or more mixture	
Heroin (Schedule I)	100-999 grams mixture		1 kg or more mixture	
LSD (Schedule I)	1 - 9 grams mixture		10 gms or more mixture	
Methamphetamine (Schedule II)	5-49 grams pure or 50-499 grams mixture		50 grams or more pure or 500 grams or more mixture	
PCP (Schedule II)	10-99 gms pure or 100-999 gms mixture		100 gm or more pure or 1 kg or more mixture	
Drug Schedule	Quantity	Penalties		
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutric Acid)	Any amount >1 gram	<ul style="list-style-type: none"> • First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 years, or more than life. Fine \$1 million if an individual, \$5 million if not an individual. • Second Offense: Not more than 30 yrs. If death or serious injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual. 		
Flunitrazepam (Schedule IV)				
Other Schedule III drugs	Any amount	<ul style="list-style-type: none"> • First Offense: Not more than 10 yrs. If death or serious injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. • Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual. 		
All other Schedule IV drugs	Any amount	<ul style="list-style-type: none"> • First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual. • Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, Fine \$2 million if not an individual. 		
Flunitrazepam (Schedule IV)	Any amount under 1 gram			
All Schedule V drugs	Any amount	<ul style="list-style-type: none"> • First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. • Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual. 		

Source: U.S. Department of Justice. (2019). *Drugs of Abuse*. Washington, DC: U.S. Government Printing Office. Retrieved from <http://www.justice.gov/>.

Drugs

Unauthorized manufacture, distribution, and possession of “controlled substances” are prohibited by both state and federal law and are punishable by severe penalties. The college does not tolerate or condone such conduct. Students and employees who violate state and federal drug laws may be referred by college authorities for criminal prosecution.

Drugs-Free Workplace Policy

The use of alcohol or illegal drugs by all employees while on college property, including meal periods and breaks, is absolutely prohibited. The use of alcohol may be authorized in advance by the college for approved TCC functions. No employee will report to work while under the influence of alcohol or illegal drugs. Violations of these rules by an employee will be reason for evaluation/treatment for a substance use disorder or for disciplinary action, up to and including dismissal.

Refer to **Appendix D** for Virginia state laws and sanctions.

Drug Risks and Consequences

SUBSTANCE Other Names	Potential for Dependence		Risks and Effects		
	Physical	Psychological	Short-Term	Long-Term	Overdose
ALCOHOL Beer, Distilled liquor, Ethanol, Wine	High	High	<ul style="list-style-type: none"> Impaired judgment and vision Lowered inhibitions Loss of motor skills and coordination Slurred speech 	<ul style="list-style-type: none"> Cardiovascular disease Hypertension Liver damage Neurologic damage Toxic psychosis 	<ul style="list-style-type: none"> Coma Possible death
CANNABIS Hash oil, Hashish, Grass, Marijuana, Pot, Weed	Low	Moderate	<ul style="list-style-type: none"> Confusion Euphoria Impaired balance and coordination Memory loss Slowed reaction time Slowed thinking 	<ul style="list-style-type: none"> Cardiovascular damage Frequent respiratory infections Impaired learning Impaired memory Increased heart rate 	<ul style="list-style-type: none"> Insomnia Hyperactivity Panic attack Paranoia Possible toxic reaction if combined with other chemicals
DEPRESSANTS Barbiturates, Benzodiazepine, Date rape drug, Liquid ecstasy, Flunitrazepam, GHB, Methaqualone, Special K, Xanax	High	High	<ul style="list-style-type: none"> Confusion Fatigue Feeling of well-being, irritability Lowered blood pressure Lowered inhibitions Poor concentration Reduced anxiety Sedation Slowed pulse and breathing Slurred speech 	<ul style="list-style-type: none"> Anxiety Dizziness Hallucinations Insomnia Loss of peripheral vision Nausea Seizures Weak, rapid pulse Toxic psychosis Tremors 	<ul style="list-style-type: none"> Blackouts Cold, clammy skin Coma Life threatening withdrawal Possible death Respiratory depression and arrest Toxic reaction if combined with alcohol
HALLUCINOGENICS Acid, Angel Dust, Crystal, LSD, MDA, Mescaline, Mushrooms, PCP, Peyote, Phencyclidine, Psilocybin	Low / Unknown	Unknown	<ul style="list-style-type: none"> Altered states of perception Increase body temperature, heart rate, blood pressure Loss of appetite Nausea Numbness Sleeplessness Tremors Weakness 	<ul style="list-style-type: none"> Hallucinogen Persisting Perception Disorder (flashbacks) Intensify existing psychosis Violent behavior 	<ul style="list-style-type: none"> Intense, prolonged hallucinations Possible sudden death Psychosis

INHALANTS Gases, Solvents	High for chronic, long-term abuse	High for chronic, long-term abuse	<ul style="list-style-type: none"> Impaired judgment Headache Nausea, vomiting Poor coordination Slurred speech 	<ul style="list-style-type: none"> Cardiovascular and nervous system damage, leading to inability to walk, talk, or think Cramps Depression Loss of muscle tone Memory impairment Mild withdrawal Muscle wasting and weakness Weight loss 	<ul style="list-style-type: none"> Coma Possible sudden death Possible toxic reaction Unconsciousness
NARCOTICS Codeine, Demerol HCL, Heroin, Meperidine, Morphine, Opium, Oxycodone, Vicodin	High	High	<ul style="list-style-type: none"> Confusion Constipation Drowsiness Euphoria Nausea Pain relief Sedation Staggering gait 	<ul style="list-style-type: none"> AIDS and Hepatitis infection Malnutrition 	<ul style="list-style-type: none"> Clammy skin Coma Convulsions Death Respiratory arrest Shallow perspirations Tolerance, addiction Toxic reaction if combined with alcohol
STIMULANTS Amphetamine, Cocaine, Ecstasy, MDMA, Methylphenidate, Phenmetrazine, Ritalin	Possible	High	<ul style="list-style-type: none"> Appetite loss Excitement and euphoria Feeling of well being Increased alertness Increased blood pressure, pulse Insomnia 	<ul style="list-style-type: none"> Insomnia Nervous system damage Organ/tissue damage Paranoia Psychosis Weight loss 	<ul style="list-style-type: none"> Agitation Convulsions Hallucinations Heart attack, stroke High blood pressure Loss of consciousness Seizures Temperature increase
TOBACCO Chewing/Smokeless Tobacco, Cigarettes, Cigars, Nicotine	High	High	<ul style="list-style-type: none"> Bad breath Bad taste in mouth Decreased lung capacity Increased blood pressure Increased heart rate 	<ul style="list-style-type: none"> Adverse pregnancy outcomes Cardiovascular disease Cancer 	<ul style="list-style-type: none"> Possible death

Notes:

Alcohol and other drug use during pregnancy increases risk of physical harm to the fetus.

Additional risks of harm may occur from toxic impurities present in street drugs.

Additional risks of harm may occur from the use of prescription drugs in ways other than prescribed.

Drugs taken by injection can increase the risk of infection (e.g., HIV, hepatitis, etc) through needle contamination.

For more information, visit: www.nida.nih.gov or www.samhsa.gov

HEALTH RISKS ASSOCIATED WITH ALCOHOL AND DRUGS

Alcohol

Alcohol abuse can cause many health-related problems. The Center for Disease Control cites approximately 178,000 deaths annually are directly related to excessive alcohol use in the United States. Alcohol abuse can lead to alcoholism, premature death through overdose, and complications involving the brain, heart, liver, and many other body organs. Alcohol abuse is the prime contributor to suicide, homicide, motor vehicle deaths, and other accidental causes of death. Alcohol abuse also causes liver disease, gastritis, and anemia. Alcohol abuse interferes with psychological functions, causes interpersonal difficulties, and is involved in many cases of child abuse. Alcohol abuse also disrupts occupational effectiveness and causes legal and financial problems. Alcohol used in any amount by a pregnant woman can cause birth defects.

Drugs

The abuse of illicit drugs can result in a wide range of health problems. In general, illicit drug use can result in drug addiction, death by overdose, death from withdrawal, seizure, heart problems, infections (i.e., HIV/AIDS, hepatitis), liver disease, and chronic brain dysfunction. Other problems associated with illicit drug use include psychological dysfunction such as memory loss, thought disorders (i.e., hallucinations, paranoia, psychosis), and psychological dependency. Additional effects include occupational, social, and family problems as well as a reduction in motivation. Drug use by a pregnant woman may cause addiction or health complications in the unborn child.

Programming and Resources

Tidewater Community College constantly strives to provide the best product, services, and environment for its students and employees. The College is committed to an alcohol and drug-free campus.

The following provides information about Tidewater Community College departments directly involved in working with students, employees and the programs, and measures implemented throughout the College to prevent the use of alcohol or illicit drugs.

Sponsoring Unit(s)	Program(s)/Material(s)
<p>Public Safety</p>	<ul style="list-style-type: none"> ● Safety & Security Awareness ● Clery reports & presentations ● Orientation presentations ● Collaborative outreach programming
<p>Human Resources</p>	<ul style="list-style-type: none"> ● New Employee orientation - AOD education ● Employee Assistance Program
<p>Student Centers Student Conduct Student Resource and Empowerment Center Deans of Students *Occasional Collaboration with Student Organizations</p>	<ul style="list-style-type: none"> ● Student Conduct hearings & referrals ● VA ABC HEADS UP Alcohol Education Campaign ● TimelyCare ● Table Top Events ● Alcohol Education Trivia ● Drug Education Booths ● Anonymous Reporting: Report It. online reporting system ● Red Flag Campaign ● Sexual Assault Awareness Week

EMERGENCY (FIRE, MEDICAL, POLICE): 911

Quick Reference Resources	Number	TCC Offices and Departments	Number
Public Safety Department TCC Dispatch Center	757-822-7777	TCC Public Safety	757-822-7777
121 College Place, Suite 404 Norfolk, Virginia 23510	757-822-1797	Virtual Student Support Center	757-822-1111
		Facilities Management	757-822-1715
		Human Resources	757-822-1707
		Risk Management	757-822-2670
Local Police Departments (Non-Emergency)	Number	TCC Offices and Departments	Number
Chesapeake Police Department	757-382-6161	Student Resource & Empowerment Center Chesapeake	757-822-5133
Norfolk Police Department	757-664-7000	Student Resource & Empowerment Center Norfolk	757-822-1175
Portsmouth Police Department	757-393-5300	Student Resource & Empowerment Center Portsmouth	757-822-2166
Suffolk Police Department	757-923-2350	Student Resource & Empowerment Center Virginia Beach	757-822-7363
Virginia Beach Police Department	757-385-5000		
Health Services	Number	Resources	Number
Chesapeake Regional Medical Center	757-312-8121	Alcohol and Narcotics Helpline	1-800-838-1752
736 N Battlefield Boulevard, North			
Chesapeake, Virginia 23320			
Sentara Norfolk General Hospital	757-388-3000	Emergency Substance Abuse Hotline	1-800-640-4357
600 Gresham Drive			
Norfolk, Virginia 23507			
Sentara Leigh Hospital	757-261-6000	LGBT LIFE	757-640-0929
830 Kempsville Road			
Norfolk, Virginia 23502			
Sentara Princess Anne Hospital	757-507-1000	Norfolk Community Service Board Substance Abuse Services	757-664-6670
2025 Glenn Mitchell Drive			
Virginia Beach, Virginia 23456			
Sentara Independence Hospital	757-363-6100	Samaritan House 24 Hour Crisis Hotline	757-430-2120
800 Independence Hospital		Samaritan House Offices	757-631-0710
Virginia Beach, Virginia 23455			
Sentara Obici Hospital	757-934-4000	The Genieve Shelter	1-800-969-4673
2800 Godwin Hospital			
Suffolk, Virginia 23434			
Bon Secours Maryview Medical Center	757-398-2200	Transitions Family Violence Services Crisis Hotline	757-723-7774
3636 High Street			

Portsmouth, Virginia 23707		YWCA 24 Hour Confidential Hotline	1-888-947-7273
		HER Shelter Hotline	757-485-3384

How to Cut Down on Your Drinking

If you are drinking too much, you can improve your life and health by cutting down. How do you know if you drink too much? Read these questions and answer “yes” or “no”:

- Do you drink alone when you feel angry or sad?
- Does your drinking ever make you late for work?
- Does your drinking worry your family?
- Do you ever drink after telling yourself you won't?
- Do you ever forget what you did while you were drinking?
- Do you get headaches or have a hang-over after you have been drinking?

If you answered “yes” to any of these questions, you may have a drinking problem. Check with your doctor to be sure. Your doctor will be able to tell you whether you should cut down or abstain. If you are an alcoholic or have other medical problems, you should not just cut down on your drinking- you should stop drinking completely. Your doctor will advise you about what is right for you.

If your doctor tells you to cut down on your drinking, these steps can help you:

1. Write your reasons for cutting down or stopping.
Why do you want to drink less? There are many reasons why you may want to cut down or stop drinking. You may want to improve your health, sleep better, or get along better with your family or friends. Make a list of the reasons you want to drink less.
 2. Set a drinking goal.
Choose a limit for how much you will drink. You may choose to cut down or not to drink at all. If you are cutting down, keep below these limits:
 - Women: No more than one drink a day
 - Men: No more than two drinks a day
 3. Keep a “diary” of your drinking.
To help you reach your goal, keep a “diary” of your drinking. For example, write down every time you have a drink for 1 week. Try to keep your diary for 3 or 4 weeks. This will show you how much you drink and when. You may be surprised how different your goal is from the amount you drink now? Use the “drinking diary” below to write down when you drink.
- Watch it at home. Keep a small amount or no alcohol at home. Don't keep temptations around.
 - Drink slowly. When you drink, sip your drink slowly. Take a break of 1 hour between drinks. Drink soda, water, or juice after a drink with alcohol. Do not drink on an empty stomach! Eat food when you are drinking.
 - Take a break from alcohol. Pick a day or two each week when you will not drink at all. Then, try to stop drinking for 1 week. Think about how you feel physically and emotionally on these days. When you succeed and feel better, you may find it easier to cut down for good.

Learn how to say No.

You do not have to drink when other people drink. You do not have to take a drink that is given to you. Practice ways to say no politely. For example, you can tell people you feel better when you drink less. Stay away from people who give you a hard time about not drinking.

Stay active.

What would you like to do instead of drinking? Use the time and money spent on drinking to do something fun with your family or friends. Go out to eat, see a movie, or play sports or a game.

Get support.

Cutting down on your drinking may be difficult at times. Ask your family and friends for support to help you reach your goal. Talk to your doctor if you are having trouble cutting down. Get the help you need to reach your goal. Look into TCC's TimleyCare [timelycare.com/vccs](https://www.timelycare.com/vccs) for free 24/7 mental health resources.

Watch out for temptations.

Watch out for people, places, or times that make you drink, even if you do not want to. Stay away from people who drink a lot or bars where you used to go. Plan ahead of time what you will do to avoid drinking when you are tempted.

Do not drink when you are angry or upset or have a bad day. These are habits you need to break if you want to drink less.

DO NOT GIVE UP.

Most people do not cut down or give up drinking all at once. Just like a diet, it is not easy to change. That is okay. If you do not reach your goal the first time, try again. Remember, get support from people who care about you and want to help. Do not give up!

Enforcement Statistics

The following statistics for the years listed below, provided in compliance with the Clery Act and the Drug Free Schools Communities Act, were calculated by academic year and include all incidents that occurred on any property owned/leased by the College.

Chesapeake Campus	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	1	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

Norfolk Campus	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	1	1	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

Portsmouth Campus	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

Virginia Beach Campus	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0

Drug Arrest	0	0	0	0	0	1	1	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

RAC	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

VADC	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Drug Arrest	0	0	0	0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Alcohol Referral	0	0	0	0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Drug Referral	0	0	0	0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Suffolk	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

Tri-Cities Center	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

Skilled Trades Academy	2023	2023	2023	2023	2022	2022	2022	2022	2021	2021	2021	2021
Arrest and Referrals	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded	On-Campus	Non-Campus	Public Property	Un-founded
Alcohol Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Drug Arrest	0	0	0	0	0	0	0	0	0	0	0	0
Alcohol Referral	0	0	0	0	0	0	0	0	0	0	0	0
Drug Referral	0	0	0	0	0	0	0	0	0	0	0	0

The table below shows the frequency of imposition for each sanction for alcohol related violations by calendar year.

Students and Employees

Sanctions (Alcohol Violations)	2023	2022	2021
Warning	0	0	0
Educational Sanctions	0	0	0
Loss of Privileges	0	0	0
Disciplinary Probation	0	0	0
Suspension	0	0	0
Administrative Withdrawal	0	0	0
Expulsion	0	0	0

The table below shows the frequency of imposition for each sanction for drug related violations by calendar year.

Students and Employees

Sanctions (Drug Violations)	2023	2022	2021
Warning	0	0	0
Educational Sanctions	0	0	0
Loss of Privileges	0	0	0
Disciplinary Probation	0	0	0
Suspension	0	0	0
Administrative Withdrawal	0	0	0
Expulsion	0	0	0

Assessing Policy and Program Effectiveness

This biennial report with description of program elements, assignment of responsibilities, and clarification of goals serves as a baseline for future assessment of effectiveness and continuous improvement.

Drug-Free College Student and Employee Survey

In November 2024, the College distributed a survey to students and a survey to staff in December 2024, designed to assess their level of awareness of the Drug-Free College Policy. 655 students responded and 599 employees responded. The results are listed below, along with comparable survey data from 2022 and 2020.

Employee Survey Question	2024 Yes	2024 No	2022 Yes	2022 No	2020 Yes	2020 No
Did you know that the College has a Drug-Free College Policy?	97.8%	2.2%	96.7%	3.3%	95.8%	4.2%
Did you know that there is a Drug-Free College page on the TCC Website that includes policy information and helpful campus and community resources?	80.6%	19.4%	70.9%	29.1%	70.8%	29.2%
Did you know that there are resources offered through the Employee Assistance Program to assist employees who are having problems with drug abuse?	83.2%	16.8%	80.2%	19.8%	83.3%	16.7%
Did you know that possession, sale, and delivery of marijuana and associated paraphernalia can lead to a civil violation in VA?	94.9%	5.1%	94.8%	5.2%	91.7%	8.3%
Did you know that there are significant health risks associated with drug abuse?	100%	0%	100%	0%	97.9%	2.1%
Student Survey Question						
Did you know that the College has a (Drug and Alcohol Prevention Program) Drug-Free College Policy?	71.9%	28.1%	64%	36%	77.1%	22.9%
Did you know that there is a Drug-Free College page on the TCC Website that includes policy information and helpful campus and community resources?	58.8%	41.2%	41%	59%	44.3%	55.7%
Did you know that there are campus resources to assist students who are having problems with drug abuse?	56.3%	43.7%	46.6%	55%	46.6%	53.4%
Did you know that possession, sale, and delivery of marijuana and associated paraphernalia can lead to a civil violation and or misdemeanor in VA?	89.9%	10.1%	89%	11%	92.9%	7.1%
Did you know that there are significant health risks associated with drug abuse?	98.9%	1.1%	98%	2%	96.9%	3.1%

PROGRAM STRENGTHS

DAAPP was reviewed by DAAPP Committee, and the following notes were taken:

- The College has updated the DAAPP notification process to students. Using the 15 week enrollment census date, all enrolled students receive the DAAPP notification.
- Alcohol and drug educational programming is intertwined in many aspects of Student Life programming and resources.
- TCC adopted TimelyCare as a mental health and wellness resource that provides 24/7 crisis intervention and free online modules on a number of wellness topics. This resource is free and available to all TCC students and staff members.
- In Summer 2023, the TCC Student Handbook and Code of Student Rights and Responsibilities was updated to reflect consistent and clear information regarding the conduct process. This includes outcomes for students who are found responsible for violating TCC Code exceptions that may violate the TCC Alcohol and Other Drugs Policy.
- Beginning in 2024, a heavier emphasis on alcohol education resources were provided to students during Fall 2024 Orientation, using VA ABC HEADS UP educational materials.
- The results of the recent survey show that students and employees are clearly aware that there are significant health risks and consequences associated with drug and alcohol use.

PROGRAM WEAKNESSES

DAAPP was reviewed by DAAPP Committee, and the following notes were taken:

- Lack of staffing to fully develop a comprehensive drug and alcohol program supported by well-defined marketing strategies. Need continue to improve and implement strategies.
- Due to staffing, the committee did not meet on a regular basis.

RECOMMENDATIONS

After review of the College's alcohol and other drug policies and programs, the primary recommendations are as follows:

- Continue to improve communication and coordination of Campus AOD programs by offering more educational resources at college events and during orientation. Access a budget for resources and events to better support each campus in providing effective and thoughtful programs.
- Create ready to go programs that support the goals or the DAAPP and that are accessible for campus staff to add to preexisting programs and events.
- Complete a more thorough, timely, and consistent evaluation of all AOD programming in preparation for next review by meeting once a semester.
- Increase education and prevention programming (such as bystander training and REVIVE Training) for students.
- Tag all alcohol and drug related violations and referrals in Omnigo (hopefully soon to be Maxient) records management software system to allow for more efficient and effective tracking of these cases.

- Continue to improve conducting employee and student surveys to obtain trend data for DAAPP enhancements. Re-envision survey questions for the next review cycle.
- Create, update, and utilize a DAAPP website section on TCC website that will house all programs and resources for the Biennial Review Reports.
- Utilize Student Life platforms to market and tag AOD events.

SUMMARY

Tidewater Community College certifies that it has adopted and implemented a program to prevent “the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees” on campus property or as part of any campus activity. Additionally, the College has:

- Written policies for employees and students on alcohol and other drugs possession and use;
- Implemented a process that ensures policy distribution to all students, staff, and faculty; outlined health risks associated with alcohol abuse and illicit drug use; described federal, state and local sanctions for unlawful possession or distribution of illicit drugs and alcohol;
- Designed and implemented drug and alcohol programs on campus;
- Specified disciplinary sanctions imposed on students and employees for policy violations; and conducted a Biennial review of the effectiveness of its drug and alcohol programs.

This concludes the 2024 DAAPP Biennial Report for Tidewater Community College. The next DAAPP Biennial Review Report will be completed in December 2026. Posting of the final 2024 DAAPP Biennial Review Report will be added to the college’s website by December 31, 2024.

Appendix A: Events

Date	Location	Sponsor	Event
07/08/21	Virginia Beach	Student Life	World Benzodiazepine Awareness Day
09/08/21	Virginia Beach	Student Life	Drug Education Booth
10/07/21	Virginia Beach	Student Life	Harvest Festival – Alcohol Awareness Info Table
01/26/22	Virginia Beach	Student Life	Drug Education Booth
01/20/22	Virtual	Student Life	Virtual Community Service and Engagement Fair
02/23/22	Virginia Beach	Student Life	Drug Education Booth
03/17/22	Virginia Beach	Student Life	St. Patrick's Day – Alcohol Awareness Table
03/30/22	Virginia Beach	Student Life	Drug Education Booth
04/22/22	Virtual	Student Life	"Trivia Stream-Sexual Health and Consent"
04/27/22	Virginia Beach	Student Life	Drug Education Booth
06/29/22	Portsmouth	Student Life	Out on Campus
06/29/22	Norfolk	Student Life	Out on Campus
07/27/22	Portsmouth	Student Life	Summer Sizzle
07/27/22	Norfolk	Student Life	Summer Sizzle
09/01/22	Chesapeake	Student Life	"Think Fast Game Show - Drug and Alcohol Awareness Edition"
9/7/22	Virginia Beach	Student Life	Drug Education Booth
10/5/22	Virginia Beach	Student Life	Drug Education Booth
10/20/22	Portsmouth	Student Life	Fall Fest
10/20/22	Norfolk	Student Life	Fall Fest
11/2/22	Virginia Beach	Student Life	Drug Education Booth
12/7/22	Virginia Beach	Student Life	Drug Education Booth

2/8/23	Virginia Beach	Student Life	Drug Education Booth
3/1/23	Virginia Beach	Student Life	Drug Education Booth
4/5/23	Virginia Beach	Student Life	Drug Education Booth

Appendix B - DAAPP Employee Email Notification Template

(Will have DAAPP attachment)

TCC Employees

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) such as Tidewater Community College (TCC) to certify it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees on its premises and as a part of any of its activities. The College is committed to maintaining a drug-free institution to create a safe and healthy learning and work environment and to assist its students and employees who may have problems with drugs or alcohol. In compliance with the DFSCA, the College provides information to its community covering the following areas:

- Standards of conduct related to drugs and alcohol for students and employees
- Disciplinary and legal sanctions for students and employees in violation of policy
- Description of the health risks associated with illicit drug use and alcohol abuse
- Description of drug and alcohol programs that are available to students and employees

Please click [here](#) for TCC's full Drug and Alcohol Prevention Program information. For questions, contact:

VP for Student Affairs (757) 822-1233

AVP for Human Resources (757) 822-1711

Director of Public Safety (757) 822-1555



www.tcc.edu

Tidewater Community College is an equal opportunity educator and employer.

Appendix C – DAAPP Student Email Notification Template

(Will have DAAPP attachment)

TCC Students

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) such as Tidewater Community College (TCC) to certify it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees on its premises and as a part of any of its activities. The College is committed to maintaining a drug-free institution to create a safe and healthy learning and work environment and to assist its students and employees who may have problems with drugs or alcohol. In compliance with the DFSCA, the College provides information to its community covering the following areas:

- Standards of conduct related to drugs and alcohol for students and employees
- Disciplinary and legal sanctions for students and employees in violation of policy
- Description of the health risks associated with illicit drug use and alcohol abuse
- Description of drug and alcohol programs that are available to students and employees

Please click [here](#) for TCC's full Drug and Alcohol Prevention Program information. For questions, contact:

VP for Student Affairs (757) 822-1233

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Appendix D: Alcohol

Virginia's Alcohol Beverage Control Act contains a variety of laws governing the possession, use, and consumption of alcoholic beverages. The Act applies to the students and employees of this institution. Virginia statutes, including sanctions for their violation, are summarized below.

- It is unlawful for any person It is unlawful for any person under age 21 to purchase or possess any alcoholic beverage. Violation of the law exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to 12 months and a fine up to \$2,500, either or both. Additionally, such person's Virginia driver's license may be suspended for a period of not more than one year.
- It is unlawful for any person to sell alcoholic beverages to persons under the age of 21 years of age. Violation of the law exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to 12 months and a fine up to \$2,500, either or both.
- It shall be unlawful for any person to consume an alcoholic beverage while driving a motor vehicle upon a public highway of this Commonwealth. A violation of this section can result in a fine of \$250.
- It is unlawful for any person to purchase alcoholic beverages for another when, at the time of the purchase, he knows or has reason to know that the person for whom the alcohol is purchased is under the legal drinking age. The criminal sanction for violation of the law is the same as #2 above.
- It is unlawful for any person to consume alcoholic beverages in unlicensed public places. Violation of the law exposes the violator to a misdemeanor conviction for which the punishment is a fine up to \$250.

Controlled Substances and Illicit Drugs

The unlawful possession, distribution, and use of controlled substances and illicit drugs, as defined by the Virginia Drug Control Act, are prohibited in Virginia. Controlled substances are classified under the Act into "Schedules," ranging from Schedule I through Schedule VI, as defined in sections 54.1-3446 through 54.1-3456 of the Code of Virginia, as amended. Penalties for violation of the schedules are covered in 18.2-248 and may involve fines of not more than one million and imprisonment for life.

Virginia statutes, including sanctions for their violation, are summarized below.

- Possession of a controlled substance classified in Schedules I or II of the Drug Control Act exposes the violator to a felony conviction for which the punishment is a term of imprisonment of ranging from one to 10 years, or in the discretion of the jury or the court trying the case without a jury, confinement in jail for up to 12 months and a fine up to \$2,500, either or both.
- Possession of a controlled substance classified in Schedule III of the Drug Control Act exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to 12 months and a fine up to \$2,500, either or both.
- Possession of a controlled substance classified in Schedule IV of the Drug Control Act exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to six months and a fine up to \$1,000, either or both.
- Possession of a controlled substance classified in Schedule IV of the Drug Control Act exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to six months and a fine up to \$1,000, either or both.
- Possession of a controlled substance classified in Schedule VI of the Drug Control Act exposes the violator to a misdemeanor conviction for which the punishment is a fine up to \$250.

- Possession of a controlled substance classified in Schedule I or II of the Drug Control Act with the intent to sell or otherwise distribute exposes the violator to a felony conviction for which the punishment is imprisonment from five to 40 years and a fine up to \$100,000. Upon a second conviction, the violator must be imprisoned for not less than five years but may suffer life imprisonment, and be fined up to \$100,000.
- Possession of a controlled substance classified in Schedules III, IV, or V of the Drug Control Act with the intent to sell or otherwise distribute exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to one year and a fine up to \$2,500, either or both.
- Possession of marijuana exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to 30 days and a fine up to \$500, either or both. Upon a second conviction, punishment is confinement in jail for up to one year and a fine up to \$2,500, either or both.
- Possession of less than one-half ounce of marijuana with the intent to sell or otherwise distribute exposes the violator to a misdemeanor conviction for which the punishment is confinement in jail for up to one year and a fine up to \$2,500, either or both. If the amount of marijuana involved is more than one-half ounce to five pounds, the crime is a felony with a sanction of imprisonment from one to 10 years, or in the discretion of the jury or the court trying the case without a jury, confinement in jail for up to one year and a fine up to \$2,500, either or both. If the amount of marijuana involved is more than five pounds, the crime is a felony with a sanction of imprisonment from five to thirty years.

**Drug-Free Schools and Campuses Regulations [EDGAR Part 86] Alcohol
and Other Drug Prevention Certification**

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student’s program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
- Ensure that its disciplinary sanctions are consistently enforced.

Tidewater Community College - 121 College Place, Norfolk, VA 23510

Typed Name of Chief Executive Officer

IRS Employer Identification Number

Signature of the Chief Executive Officer

Telephone Number

Date

e-mail address